

SSHS September Menu

Breakfast \$1.50

Lunch \$2.50

Extra Milk \$.50

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
	French Toast Sticks w/ Syrup Milk Juice Fruit	Scrambled Eggs and Toast Milk Juice Fruit	Cereal and Yogurt Milk Juice Fruit	Mini Pancake Wrapped Sausages Milk Juice Fruit
	Hamburger Cheese Burger Corn Dog Lettuce Tomato Pickle and Onion French Fries Veggie Cup and Dip Assorted Fresh and Canned Fruit Milk 3	Chicken Quesadilla Burritos Chicken Fajitas Spanish Rice Refried Beans Shredded Lettuce Sour Cream Salsa Fruit and Milk 4	Vegetable Soup Chicken Noodle Soup Peanut Butter Sandwich Pimento Cheese Sandwich Veggie Cup and Dip Assorted Fresh and Canned Fruits Milk 5	Teriyaki Chicken w/ Broccoli Orange Chicken w/ Vegetables Vegetable Lomein Fried Rice Egg Roll GreenBeans Assorted Fresh and Canned Fruits Milk 6
Cereal and Yogurt Milk Juice Fruit	Dutch Waffle w/ Syrup Milk Juice Fruit	Taco To Go w/ Salsa Milk Juice Fruit	Breakfast Pizza Milk Juice Milk	Mini Pancake Wrapped Sausages Milk Juice Fruit
Rebel Rib Grilled Chicken Sandwich Toasted Cheese Potato Wedges Cole Slaw Baked Beans Assorted Fresh and Canned Fruits Milk 9	Chicken Alfredo Spaghetti and Meat Sauce Lasagna Garden Salad Steamed Broccoli Tuscan Vegetables Assorted Fresh and Canned Fruits Milk 10	HotDogs Smoked Sausage BBQ Pork on Bun Tater Tots Seasoned Corn Veggie Cup and Dip Assorted Fresh and Canned Fruit Milk 11	Breaded Chicken Sandwich Spicy Chicken Sandwich Mini Corndogs French Fries Lettuce Tomato Pickle Onion Broccoli Salad Assorted Fresh and Canned Fruits Milk 12	Country Fried Steak Drumsticks Tilapia Mashed Potatoes and Gravy Green Beans Sliced Tomatoes Hot Rolls Assorted Fresh and Canned Fruits Milk 13
Breakfast Pizza Milk Juice Fruit	Mini Pancake Wrapped Sausages Syrup Milk Fruit Juice	French Toast Sticks w/ Syrup Milk Juice Fruit	Dutch Waffle w/ Syrup Milk Juice Fruit	Biscuit and Gravy Milk Juice Fruit
Pizza Bosco Sticks w/ Maranara Sauce Baked Ziti Garlic Bread Garden Salad Pepperoncinis Cucumbers and Dip Assorted Fresh and Canned Fruits Milk 16	Toasted Cheese Peanut Butter Sandwich Chili w/ Meat and Beans Vegetable Soup Baked Scoops Baby Carrots and Dip Assorted Fresh and Canned Fruit Milk 17	Hamburger Cheese Burger Corn Dog Lettuce Tomato Pickle and Onion French Fries Veggie Cup and Dip Assorted Fresh and Canned Fruit Milk 18	Meatloaf Chicken Strips Mac and Cheese Mashed Potatoes and Gravy Steamed Broccoli Assorted Fresh and Canned Fruit Peach Cobbler Milk 19	Teriyaki Chicken w/ Broccoli Orange Chicken w/ Vegetables Vegetable Lomein Fried Rice Egg Roll GreenBeans Assorted Fresh and Canned Fruits Milk 20
Cereal and Yogurt Milk Juice Fruit	Dutch Waffle w/ Syrup Milk Juice Fruit	Taco To Go w/ Salsa Milk Juice Fruit	Breakfast Pizza Milk Juice Milk	Mini Pancake Wrapped Sausages Milk Juice Fruit
Rebel Rib Grilled Chicken Sandwich Toasted Cheese Potato Wedges Cole Slaw Baked Beans Assorted Fresh and Canned Fruits Milk 23	Chicken Alfredo Spaghetti and Meat Sauce Lasagna Garden Salad Steamed Broccoli Tuscan Vegetables Assorted Fresh and Canned Fruits Milk 24	HotDogs Smoked Sausage BBQ Pork on Bun Tater Tots Seasoned Corn Veggie Cup and Dip Assorted Fresh and Canned Fruit Milk 25	Little Caesars Pizza Waffle Fries Garden Salad Bread Sticks Strawberries Ice Cream	Breaded Chicken Sandwich Spicy Chicken Sandwich Mini Corndogs French Fries Lettuce Tomato Pickle Onion Broccoli Salad Assorted Fresh and Canned Fruits Milk 27
Breakfast Pizza Milk Juice Fruit				
Country Fried Steak Drumsticks Tilapia Mashed Potatoes and Gravy Green Beans Sliced Tomatoes Hot Rolls Assorted Fresh and Canned Fruits Milk 30				